



LARKFIELDS INFANT SCHOOL

Coronation Road

Nuthall

Nottingham, NG16 1EP

Head Teacher: Mrs N. Irwin

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Dear Parents and Carers,

Re: Individual Healthcare Plans for Pupils with Allergies – September 2026

From **September 2026**, all schools in England will be required to comply with **Benedict's Law**, which introduces new measures to improve the safety and support of children and young people with allergies in educational settings.

As part of these requirements, we are asking parents and carers of children with allergies to complete the highlighted sections on the attached **Individual Healthcare Plan (IHP)**. This information will enable us to provide appropriate care, ensure staff are fully informed, and respond effectively in the event of an allergic reaction. Even if you believe we currently hold a healthcare plan for your child, please complete the new form.

Please complete and return the attached form if your child:

- Has a diagnosed food allergy.
- Has been prescribed an adrenaline auto-injector (AAI).
- Has experienced anaphylaxis or another significant allergic reaction.
- Has an allergy that requires avoidance measures, supervision, or emergency procedures in school.
- Needs adaptations for meals, educational visits, clubs, practical lessons, or other school activities.
- Has an allergy that staff need to be aware of to help keep them safe, even if they do not currently have an AAI prescribed.
- Has asthma and requires use of an inhaler.

The information you provide will help us to:

- Develop an appropriate Individual Healthcare Plan where required.
- Ensure relevant staff are aware of your child's needs.
- Put appropriate risk reduction measures in place.
- Support your child to participate safely in all aspects of school life.

If your child has been prescribed an adrenaline auto-injector, please ensure that two in-date devices are provided to school (where prescribed), along with any other medication specified in their healthcare plan. We also ask that you notify the school immediately if there are any changes to your child's allergy, medication, or treatment plan during the school year.

Please return the completed Individual Healthcare Plan by **Thursday 3rd September 2026**. These can be returned electronically by email to office@larkfieldsinfant.org or the school office. If you need a paper copy of the form please ask the office. If you require assistance completing the form or would like to discuss your child's allergy needs, please do not hesitate to contact the school office.

Thank you for your support in helping us provide a safe and inclusive environment for all our pupils.

Yours sincerely,



Nichola Irwin
Head Teacher
Larkfields Infant School